



∞ Teaming Up

# Unleash the power of **AI** with your **AI Coach**

Use AI for better collaboration and results



# Forget Google. Ask your **AI Coach**

**With AI Coach, you have 24/7 unlimited access to a personal assistant, business coach, team coach, and life coach. Who provides answers based on your thinking preferences\* and those of your colleagues. Who is always there for you and never gets tired of work.**

How could you organize your day more effectively? How could you use your specific qualities to grow in your career? How do you best give your colleague feedback? Your new AI assistant is going to help you with all of this, and most of the questions are already pre-programmed so you don't have to think of them anymore.

## This is AI Coach

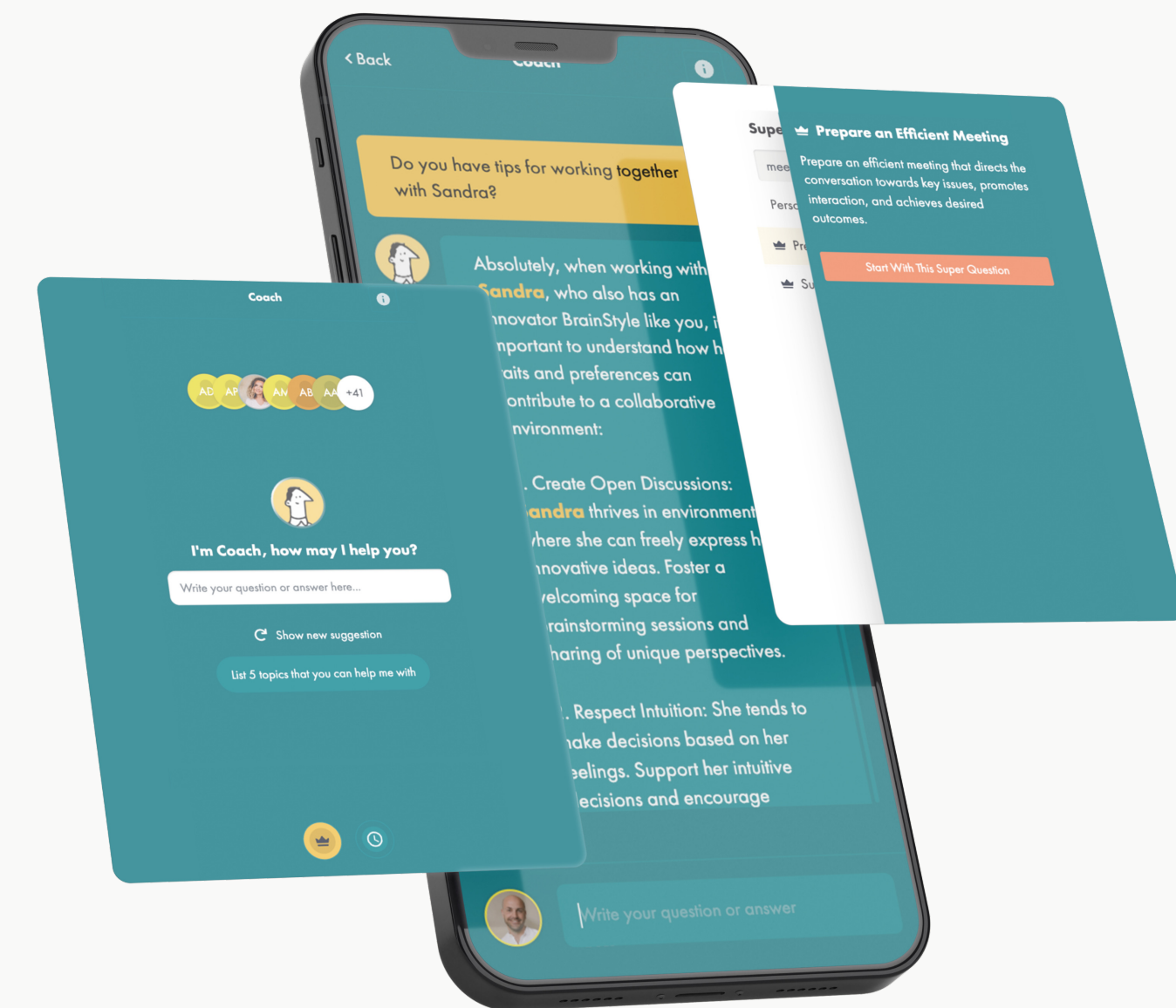
- ✓ Easy access and use, concise and specific answers
- ✓ Everyone on your team has a personal assistant, life coach and team coach in 1
- ✓ Valuable questions/prompts are already waiting for you
- ✓ Your data is 100% private and no one can read your questions and answers
- ✓ AI Coach knows your team's BrainStyles and helps you give feedback and all kinds of other questions related to communication and collaboration

## How does it work?

You determine your BrainStyle profile\* so the assistant can get to know you. If your team is already working with another assessment, that's no problem at all. We will help you on your way in an inspiring workshop. We will show you the possibilities, which are endless! The trick is to ask good questions - and we will learn that together.

## An AI assistant who makes you more effective

Compared to ChatGPT, AI Coach provides more specific, personalized and effective answers



\*BrainStyle measures people's thinking preferences. Want to know more about that? Watch a 2-minute video about BrainStyles [here](#).

# Training Working with AI Coach

Everyone is talking about AI and ChatGPT, but what can you actually do with it? And how should you actually use it? In this workshop we will teach you all there is to know!

## Become AI-ready in 2.5 hours and work (together) a lot more effectively

In this workshop you will get:

- 1 A clear introduction to AI
- 2 Inspiring, practical exercises to make AI Coach work for you
- 3 Unlimited 24/7 access to your own personal assistant and coach
- 4 Numerous sample questions you can ask for common work situations
- 5 Improved communication, feedback, and collaboration with others

## Strengthen your team, and get involved!

Don't have any experience with AI and ChatGPT yet? No problem!

Anyone can participate in this workshop, even if you've never heard of ChatGPT.

Participate as an individual, or as a team.

Yes, I would like more information about this workshop

## What will you learn in the workshop?

### 1 Work faster and more effectively by using

- Your personal AI assistant
- Your personalized business coach, personal coach, and life coach
- Your personalized team coach

### 2 Ask good questions

- Use the pre-programmed (super) questions
- Learn to formulate specific questions for your own work situation

### 3 How to better collaborate and communicate with colleagues

- How to give good feedback to your colleague
- How to set up an effective work meeting
- How to deal with stress in your team

## Good to know:

- No one has access to your BrainStyle scores without your explicit consent
- Your privacy and data are 100% secure with us; all your questions and answers are stored in an encrypted way and cannot be read by others
- AI Coach is a powerful tool, but the responsibility for accurately using and interpreting the results remains with you

# Ready to leverage **the power of AI** with your team?

*Organizations from a variety of sectors have been ahead of you.  
I look forward to getting to know you and working together!*

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Get in touch



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